

Serving Those Who Served

**The Official Newsletter of the Kentucky Department of
Veterans Affairs**



**KENTUCKY DEPARTMENT
OF VETERANS AFFAIRS**

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Commissioner's Corner

Greetings teammates,

Hope everyone had a great July. I just want to highlight some of the key successes from this month leading into the month of August.

Earlier this month we had our Virtual Job Fair featured by KET with a partner affiliate Bill Nelson at the Secretariat Center as one of the many employers utilizing this resource. Keep in mind this monthly job fair is not restricted to veterans, but the first hour is meant for them and their families.

Additionally we launched the KYNECT-A-VET initiative alongside the Cabinet for Health and Family Services (CHFS). This is a nomination driven program to get 100 phones into the hands of veterans in need. See the flyer below for more info and consider nominating a veteran you know.

Finally I want to get into our big event for August: KDVA's State Commanders Conference. On August 28th and 29th, we'll have commanders from VSO's across the nation in attendance to exchange updates on initiatives, priorities, and veteran concerns and issues to improve how we can best help our veterans. While this is an invite only event, I want our veterans to know we're going to be taking on the challenges we as veterans face and find the best means to help you.

I hope this is another great month and as always, HOOAH!

Very respectfully,

Whitney P. Allen, Jr.

Commissioner Whitney P. Allen, Jr.
Kentucky Department of Veteran Affairs



Latest VA News

VA to spend additional \$800M on infrastructure improvements this year

The Department of Veterans Affairs announced it will realign an additional \$800 million this fiscal year as part of the Veterans Health Administration's Non-Recurring Maintenance program, which makes infrastructure improvements to health care facilities to ensure safe and effective patient care.

The extra funding means more resources to repair and update aging VA facilities and technology.

The extra money will be spent on a variety of improvement projects at various VA health care facilities, including:

- Boiler and chiller systems
- Electric infrastructure improvements
- Elevators
- Heating ventilation and air conditioner systems
- Sprinklers and fire alarms
- Renovation of clinical/support spaces
- Utility system upgrades
- Medical equipment sites
- Electronic Health Record Modernization infrastructure

“This is another step forward in our efforts to make VA work better for the Veterans, families, caregivers and survivors we are charged with serving,” said **VA Secretary Doug Collins**. “Improved facilities, equipment and infrastructure help improve care for Veterans, and these additional funds will enable VA to achieve that goal.”

The additional funds will come from savings gleaned from various VHA reform efforts. The additions will bring total NRM program spending for fiscal year 2025 to \$2.8 billion — a nearly \$500 million increase from fiscal year 2024.

VA to extend caregiver support program eligibility for “legacy” Veterans, caregivers

The Department of Veterans Affairs announced that it will soon propose a rule to extend Program of Comprehensive Assistance for Family Caregivers eligibility for certain Veterans and their family caregivers through Sept. 30, 2028.

The new rule will extend program eligibility for legacy participants, legacy applicants and their family caregivers for three years while VA continues [the rulemaking process](#) to refine the program. The extension will ensure that legacy participants and applicants can maintain their benefits and stability during this time.

Legacy participants are Veterans, service members, and their family caregivers who were participating in PCAFC as of Sept. 30, 2020, and legacy applicants are Veterans, servicemembers, and their family caregivers who applied for PCAFC before Oct. 1, 2020, and were accepted into the program on or after Oct. 1, 2020.

“Legacy caregivers have helped shape VA’s Caregiver Support Program for many years,” **said VA Secretary Doug Collins**. “This decision underscores VA’s commitment to Veterans and caregivers across the nation and will help provide consistency and stability to nearly 15,000 legacy participants for years to come.”

PCAFC is part of VA’s broader [Caregiver Support Program](#), and offers enhanced clinical support for family caregivers of eligible Veterans who incurred or aggravated a serious injury in the line of duty, and meet other eligibility criteria. PCAFC benefits include education and training, respite care, counseling, technical support, a monthly stipend and access to health care through the [Civilian Health and Medical Program of the Department of Veterans Affairs](#) and certain travel expenses.

VA announces expanded burial benefits

The Department of Veterans Affairs announced it has temporarily expanded burial benefits for certain Veterans, per the [Senator Elizabeth Dole 21st Century Veterans Healthcare and Benefits Improvement Act](#).

The new law specifies eligible Veterans are those who are discharged from VA-provided medical or nursing care to receive VA-provided hospice care at their home and who pass away between July 1, 2025, and Oct. 1, 2026.

Previously, Veterans who died at home under VA hospice care after discharge from VA-provided medical or nursing care were not always eligible for a full VA burial allowance. The Dole Act addresses that gap.

“VA is working hard to fully implement the many provisions of the Dole Act,” **said VA Secretary Doug Collins**. “We’re excited to offer this expanded benefit, which better supports Veterans who choose to spend their final days at home, surrounded by their loved ones.”

Families and caregivers of Veterans receiving hospice care at home following discharge from VA-provided medical or nursing care are encouraged to contact their local VA for information about eligibility and how to apply for burial benefits. Visit [VA burial benefits](#) or

call 800-827-1000 for more information and see here for [details on the legislative language authorizing this change](#).

Upcoming Events

KYNECT-A-VET

What is KYNECT-A-VET?

If you are a Kentucky veteran aged 60 or older OR a veteran of any age with a traumatic brain injury as defined by KRS 211.470, you may qualify to receive a Samsung mobile device that is preloaded with the "Here Now Help" app to increase veteran access to resources and supports.

This pilot program is a partnership with the KY Department of Veteran Affairs and the Cabinet for Health and Family Services, Department for Aging and Independent Living.

How do I apply?

Kentucky agencies serving veterans may complete an application to nominate a veteran who meets the eligibility criteria.

How can I obtain an application?

The application is located on the KDVA website at:

kynectavet@ky.gov

An announcement will be sent to agencies serving veterans. All completed applications will be sent to a secured KDVA email box.

What is the deadline to submit an application?

Applications can be submitted starting now through midnight EST September 30, 2022. Applications must be fully completed and submitted by the due date to be considered. Selected nominees will be notified no later than July 31, 2025.

Who do I contact for more information?

Email millie.stevens@ky.gov



100 Veterans

Eligible to Receive
a Samsung
Mobile Device



Here Now Help App

Increase Veteran Access to
**Local, State & Federal
Resources & Supports**

Connectivity to
**Mental & Physical
Health Services, Crisis
Intervention
Resources, &
Much More!**

[Click here](#) to access the the application form.

Complete the form, save it, and attach it to an email to be sent to kynectavet@ky.gov

Register now!

JOB SEEKERS

Kentucky Department of Veterans Affairs
presents

Commonwealth of Kentucky's Virtual Job Fair

Employer Cost: Zero | Job Candidate Cost: Zero

SAVE THE DATE

Wednesday, August 20, 2025

10:00 AM - 1:00 PM EST



10-11 AM *Only* Veterans + Military Families

11 AM - 1 PM All Job Candidates

**Including Veterans and Military Families*

The future 2025 schedule is below (3rd Wednesday of each month):

September 17, 2025

October 15, 2025

November 19, 2025

December - No Event

January 21, 2026

February 18, 2026

Brought to you by

**TEAM
KENTUCKY**

**TEAM
KENTUCKY®**
KENTUCKY DEPARTMENT
OF VETERANS AFFAIRS

We're excited to announce the next Commonwealth of Kentucky's Virtual Job Fair, presented by the Kentucky Department of Veterans Affairs, and we'd love for you to be a part of it!

Register Now!

Employers [click here](#) to register.

Job Seekers [click here](#) to register.

Event Details: Virtual Job Fair

Date: Wednesday, August 20, 2025

Time: 10:00 AM – 1:00 PM EST

Employer & Job Seeker Cost: Zero

Schedule:

- 10:00 AM – 11:00 AM: Veterans & Military Families

- 11:00 AM – 1:00 PM: Open to All Job Candidates

This event is completely free for both employers and job candidates / seekers, providing an excellent opportunity to connect and explore career opportunities. Looking ahead, our job fair will take place on the third Wednesday of each month in 2025.

Here's a preview of the upcoming dates:

- September 17, 2025
- October 15, 2025
- November 19, 2025
- December 2025 – no virtual job fair

Make sure to mark your calendars, and feel free to share this with anyone who might benefit from attending. We look forward to seeing you there!

Shawnee American Legion 193 Suicide Prevention Mental Health Awareness Program

September 13th 11am-1pm

Kendrick Ready Post Service Officer invites you

- Kentucky Department of Veteran Affairs Suicide Prevention Program
- Kentucky Department of Veteran Affairs Homeless Veteran Program
- Narcan- what it is, when and how to use it.
- Resources offered by Louisville Vet Center

SPEAKERS:

1. AMERICAN LEGION MEMBER MIKE ASHBY - HOW SUICIDE HAS EFFECTED HIM AS A VETERAN AND OUR IMMEDIATE COMMUNITY.
2. MILLIE STEVENS KDVA - SUICIDE PREVENTION PROGRAM
3. BENJAMIN GOLDMAN LOUISVILLE METRO HEALTH WELLNESS - WHAT IS NARCAN, WHEN AND HOW TO USE IT.
4. TRAYCE ESTES KDVA - KDVA VETERAN HOMELESS PROGRAM
5. DEBORAH SAWYER (COUNSELOR/THERAPIST) LOUISVILLE VET CENTER

**SNACK AND LITE REFRESHMENTS
PROVIDED**

**2800 W. MAIN STREET
LOUISVILLE, KY 40212
(502) 776-8596**





Shawnee American Legion Post 193
2800 W. Main St. Louisville, KY. 40212
(502) 776-8596

HOSTED BY: POST SERVICE OFFICER
KENDRICK READY

Shawnee American Legion Post 193 Suicide Prevention Mental Health Awareness Program

Topics:

- Kentucky Department of Veteran Affairs Suicide Prevention Program
- Kentucky Department of Veteran Affairs Homeless Veteran Program
- Narcan- What it is, When, and How to use it.
- Resources offered by Louisville Vet Center

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5. DEBORAH SAWYER (COUNSELOR/THERAPIST) LOUISVILLE VET CENTER

SEPTEMBER 13TH 11 AM-1 PM

**Lite Refreshments and
snacks provided**



KDVA 5K Run Walk

Registration is free (donations accepted!)

All proceeds will go to the Kentucky
Homeless Veterans Trust Fund.

Saturday Oct. 11, 2025
8 a.m. Check-in
9 a.m. Start

REGISTER



E.P. Tom Sawyer Park
3000 Freys Hill Road
Louisville, KY 40241



Register using the QR Code or clicking this link:

<https://runsignup.com/Race/KY/Louisville/KDVARunWalkandStroll5K>

What's New at KDVA?

HereNOW HELP

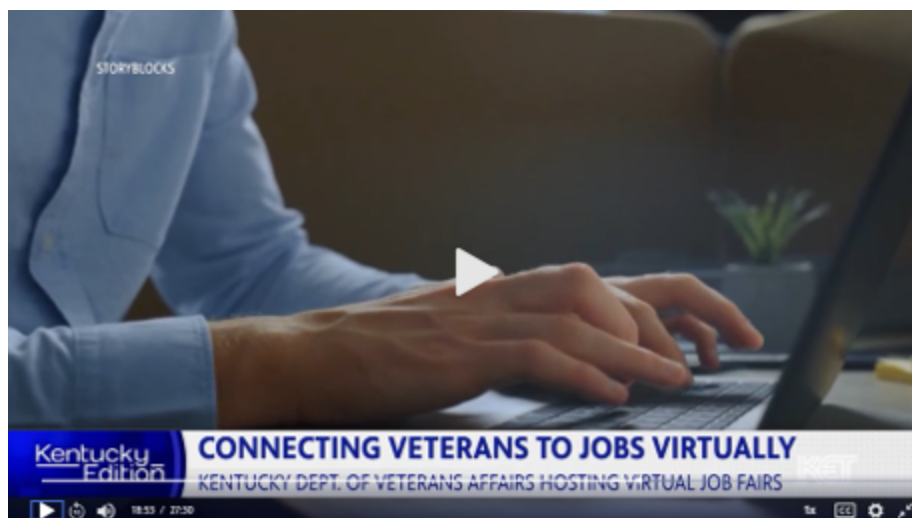


HereNow Help has been developed to assist veterans in self care, peer care and clinical care. The application will provide veterans with ease of access to services and resources. The free app is available now on the Google Playstore and Apple Store.



Use the QR Code to get the app.
Use this access code: 219378

Commonwealth of Kentucky's Virtual Job Fair and the Secretariat Center





On July 22, 2025, Kentucky Edition on KET aired a segment talking about our growing Virtual Job Fair and featured one of the employers hosting job openings through the platform. Check out the story here
(Time stamp 18:28 - 21:59): <https://ket.org/program/kentucky-edition/july-22-2025/>

Kentucky Veterans Cemetery Central Under New Management

After 33 years in uniform, retired U.S. Army Command Sergeant Major Sherman Waters has found a new calling—one grounded in reverence, reflection, and service to those who've gone before him.

Waters has taken on the role of Veterans Cemetery Manager for the Kentucky Veterans Cemetery Central in Radcliff, KY.

Waters joined the Army Reserve at just 17 years old. Although he briefly explored civilian opportunities, he quickly realized the structure, challenge, and camaraderie of active duty was where he belonged.

"There was just something missing in civilian jobs," he said. "I didn't feel that purpose."

That changed in 1994 when he committed to full-time active duty, setting in motion a distinguished military career spanning over three decades. Along the way, he raised a family—now grown, with children in both college and military service—and discovered a passion for mentorship, leadership, and personal discipline, especially through fitness.

When asked about the most pivotal moment in his career, Waters didn't hesitate: Alaska.

From 1998 to 2001, stationed in what he described as a tight-knit, family-like community, Waters found mentorship and a sense of direction during a time when he was unsure of his future.



"I was on the fence. I didn't have a plan," he said. "But the people there embraced me.

They told me the truth: it wasn't the Army holding me back—it was me."

That moment sparked a transformation. Waters committed himself to professional development, sought out challenging roles, and developed a mindset that propelled him through the ranks. "I decided I wouldn't wait for opportunity—I'd go out and earn it."

After retiring from Fort Knox on May 31, 2025—where he served as Garrison Command Sergeant Major—Waters used the Army's Career Skills Program to intentionally shift from leadership to learning. For three months, he worked under a junior enlisted leader in a civilian role, embracing humility and transition.

"I needed to learn how to be a great follower again," he said.

Seeing a job opening at the cemetery, he took it as a sign—and what started as unfamiliar territory has quickly become a role filled with purpose.

"I truly feel honored to help lay veterans to rest with dignity," he said. "It's not just a job—it's a responsibility."

Waters is quick to praise the team at his cemetery—both administrative staff and caretakers in the field—who treat every service with the solemn respect it deserves.

"The motto here is simple: 'You only get one chance to do it right,'" he said. "And we live by that."

For veterans and families considering the use of our state veterans cemetery, Waters offers both reassurance and pride: "We will treat your loved one with honor. This is sacred work. And we do not take it lightly."

Bath County WWII/Korean War Veteran Recognition



Bath County's World War II/Korean War Veterans Recognition Ceremony, Owingsville, KY, Saturday, July 19, 2025. Citizens of Bath County gathered in Owingsville, KY to recognize the county's WWII/Korean War Veterans during Bath County's first annual veterans recognition ceremony. Governor Andy Beshear sent a personal letter to each family recognizing their veteran's service, representatives Senator Rand Paul, Senator McConnell offices as well as several state/local officials presented citations and letters of recognition honoring 71 of the county's war veterans. KDVA Commissioner Allen presented the families of the veterans a KDVA recognition certificate honoring each veteran's wartime service. The event was organized by Mr. and Mrs. Mike Cassidy.

National Association of County

Veterans Service Officers





National Association of County Veterans Service Officers (NACVSO) National Convention/VA-KDVA Benefits Veterans Claims Clinic, Louisville, KY, Sunday-Wednesday, July 13-16, 2025. NACVSO held their annual convention in Louisville, KY. Over 500 NACVSO members were attendance, along with another 500 attending virtual. Keynote speakers for the convention included VA Deputy Secretary Lawrence and top VA federal officials, a video message from Governor Beshear, and a welcome from KDVA Commissioner Allen. NACVSO partnered with KDVA, along with the Louisville's VA Veterans Health Administration and Veterans Benefits Administration offices, to conduct a three-day veteran claims clinic during the convention. Over 100 veterans participated in the claims clinic. KDVA Office of Kentucky Veterans Services (OKVS) and its Benefits Division worked with NACVSO Convention leadership and planning team to prepare for the upcoming NACVSO national convention. KDVA looks to partner with NACVSO in the future.

National Veterans Memorial and Museum Initiative



SHARE YOUR STORY

The National Veterans Memorial and Museum (NVMM) partnered with StoryCorps' Military Voices Initiative to collect, preserve, and amplify the stories and experiences of our nation's Veterans.



All those touched by military service, including active-duty service members, Veterans, spouses, children, friends, and community members are invited to record a conversation about a Veteran's experience. At the end of the conversation, you will receive a digital copy of the interview, while a second copy will be preserved in the NVMM Story Collection and the American Folklife Center at the Library of Congress.

By adding to the NVMM Story Collection, you ensure the legacy of service lives on – not just in history books, but in the hearts and minds of future generations!



Follow the QR Code or go to
nationalvmm.org/education/nvmm-story-collection/
for more tips and to record your conversation

Turn this page over for a list
of great questions to start
your conversation.



Questions? Contact Mason Farr at mfarr@nationalvmm.org

Great Questions from the NVMM

Great Questions List

Choose a few questions from the list below or come up with your own. No need to feel like you have to ask every question!

Military Service

- When were you in the military? Which branch did you serve in?
- What motivated you to join the military?
- How did your friends and family react when you told them your plans to serve?
- What was it like when you left home to begin your journey in the military?
- Tell me about basic training. Were you prepared for military life? What were you unprepared for?
- Where were you stationed during your time in service? What was your favorite or least favorite place to be?
- What jobs did you have in the military?
- Describe your daily life while in the service.
- If you served in combat and are comfortable sharing, what was that experience like? When and where were you in combat?
- How did you stay in touch with friends and family while in the service?
- Describe your transition from military to civilian life. Was it easy or difficult? Why?
- What did you do after leaving the military?
- What lessons did your service teach you that you still carry with you?
- What does your service mean to you?

Military & Veteran Family Members

These questions are great when speaking to a family member about someone who served in the military.

- What do you see as our family's legacy? How does military service influence that legacy?
- In which branches of the military have our family members served?
- What was it like growing up with a family member in the military?
- What lessons did you learn from the service of a family member?
- Can you tell me about when you became a military family member?
- How did your life change when your family member entered the service?
- Do you have advice for other military family members?
- Is there anything you wish service members and civilians understood about being the family member of a service member?
- Do you remember your favorite place you lived? What was special about it?
- How did being a military child shape your life?
- Can you tell me about a person that you felt understood by as the child of a service member?

Questions? Contact Mason Farr at mfarr@nationalvmm.org

Farming Training Program focused on Veterans

CONNECT WITH US

Farming for Cash is being implemented in these locations

1. Lexington, KY
2. Frankfort, KY
3. London KY and nearby
4. Guthrie and Russellville KY and nearby

If you live nearby and are ready to start farming or expand your current farm with new growing and selling techniques, please connect with us.



CONTACT US

Sid Dasgupta at Siddhartha.Dasgupta1@kysu.edu

James Howard at James.Howard@kysu.edu

You can also reach out to Michael Lewis at NCAT (mikel@NCAT.org) and Wayne Riley of the Laurel County African American Heritage Center at KYhistoryman@yahoo.com



FARMING FOR CASH!

A training program for beginning and prospective farmers!

Focus on military veterans and small scale farms



WHAT WILL YOU LEARN?

• DO YOU KNOW THE EARNING CAPACITY OF SMALL SCALE

FARMING?

Using 1,000 square foot as our reference, the plot will produce:

Head lettuce 420 heads/crop, retail value \$840, wholesale \$315
Tomatoes 1,000 lb/season, retail value \$2,000, wholesale \$1,000
Cucumbers 2,000lb/season, retail value \$2,000, wholesale \$1,000

• HOW WILL "FARMING FOR CASH" TRAIN YOU?

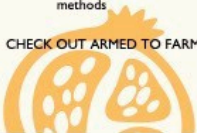
Two types of trainings: workshops and apprenticeships
WORKSHOPS TOPICS

Finding land and money to start your first farm
Deciding what to grow, how much land to farm, how to sell, etc.
Income and costs predictions for farming
Understanding direct and wholesale sales and regs (GAP and FSMA)
Selling to grocery stores, selling via social media, Paypal
Licensing and insuring a farm
Farm business planning, book keeping, and farm tax preparation

APPRENTICESHIP TOPICS

"ARMED TO FARM" training for military veterans through our partner National Center for Appropriate Technology
TRACTOR SCHOOL: learn safe use and maintenance of tractors and implements in soil prep, hay making, planting, cultivation, etc.
TOMATO SCHOOL: learn advanced organic tomato production, tomato management from Michael O'Gorman
HYDROPONICS SCHOOL: learn hydroponic strawberry, tomato, and greens production in low-cost high tunnels
SMALL-PLOT INTENSIVE FARMING SCHOOL: learn to grow an intensive garden using fertigation, plastic mulching, and labor-saving methods

CHECK OUT ARMED TO FARM: <https://www.armedtofarm.org/>



HOW WILL YOU LEARN?

BE TRAINED TO FARM IN 12 MONTHS



This is a 3 year project funded by the USDA
You can enroll for free.
You will learn to farm in 12 months
You will receive support and assistance to farm after the 12 month training
GOAL: start a farm after 12 months, start earning money, after 2 years expand your farm

APPRENTICESHIP



Once enrolled, you will become a hands-on apprentice farmer where you will learn high tunnel and in-ground production.
You will also attend other farms to learn new farming methods, attend workshops, and travel to conferences all paid by the project.

STARTING YOUR FARM



- After your 12-month training, we will help you start a small farm with the goal to earn money.
We will help you with land access
We will connect you with other new farmers for mutual support
We will connect you with farming mentors who can answer your questions
We will connect you with USDA resources for you to buy your own farm

**TBI/PTSD: THE SIGNATURE INVISIBLE BRAIN WOUNDS FROM
VIETNAM, IRAQ AND AFGHANISTAN:
Have you been Exposed to 70,000+ IEDs, Breaching, Large Weapons or Explosions?**



TBI/PTSD Veterans can finally be treated with something different than off-label prescription medications!
Could this be you?

**2-YEAR STATE FUNDED FREE HBOT TREATMENT PROGRAM FOR KENTUCKY
TBI/PTSD VETERANS**


Have you been knocked unconscious in combat, exposed to IEDs, explosions, or sexually assaulted? Are you suffering from routine migraine headaches, sensitivity to light, having memory issues, trouble finishing sentences, difficulty expressing thoughts, self medicating? If so, you are only one of over an estimated 877,450 TBI/PTSD Veterans across America suffering from TBI/PTSD in the same manner.

- The HBOT introduction video is here: <https://www.youtube.com/watch?v=oa3SVLqvdzQ&t=324s>
- TBI is a physical wounding of the brain when the brain hits the inside of the skull. Over 21 Hyperbaric Oxygen Therapy (HBOT) evidence based clinical trials and with over 12,500 successful Veteran outcomes. The medical meta-analysis may be viewed here <https://treatnow.org/dr-harch-systematic-review-improving-mtbi-persistent-post-concussion-syndrome>.
- View TBI/PTSD Veteran video testimonials here <https://www.youtube.com/@treatnowdotorg/videos>.
- You may read all about the treatment process at <https://treatnow.org/treatments/overview-hyperbaric-oxygen-therapy-hbot/>.
- HBOT enacted laws in 10 states which may be viewed here: <https://treatnow.org/knowledgebase/the-national-treatnow-summary-of-state-by-state-hyperbaric-oxygen-therapy-hbot-legislative-and-resolution-effort-10-23-2023/>
- Five major VSOs support HBOT here <https://treatnow.org/knowledgebase/veteran-service-organization-members-support-hbot-for-mtbi-ptsd/>.
- **The state of Kentucky and KDVA is in partnership with HBOT4KYVETS, Inc., and the KY medical community testing and treating TBI/PTSD Veterans. Veterans helping Veterans with financial support from the state to receive alternative medical treatment earned and deserved!**
- Veterans may receive 40, 60, or 80 HBOT treatments, one (1) hour per day, 5 days per week, over

2–4 month period. If you're a Kentucky Veteran with diagnosis of TBI, you may qualify.

- The HBO₂ 1.5 ATA protocol for mTBI with post-concussive symptoms with or without PTSD was safe and could be used in multiple centers. The neurocognitive test scores for subjects improved in 21 of 25 measures. (National Brain Injury, Rescue, and Rehabilitation (NBIRR) Study: Jan-Mar 2019).

HBOT4KYVETS, Inc is a 501C3 non-profit which opened HBOT chambers to TBI/PTSD Kentucky Veterans for treatments in 2018 under KRS 217.930-942. If you are a Kentucky TBI/PTSD Veteran resident seeking a safe and effective treatment, **WE WANT TO SPEAK WITH YOU**. You may visit our website for more information at HBOT4KYVETS.com to review requirements and to sign up for the FREE state funded treatment program.



I Support Veterans License Plates



Who is eligible

Any owner of a noncommercial motor vehicle required to be registered for use on Kentucky Highways.

Steps Requirement

Application must be made at your local County Clerk's office. Upon receipt of this plate, your regular (special) issue license plate must be turned in or issued to another vehicle.

Decal Expires Customer's Birth Month

\$10.00 of the initial and \$5.00 of the renewal registration fee goes to the Kentucky Department of Veterans' Affairs. For more information, please visit <http://veterans.ky.gov> . This plate is available for personalization with an additional \$25.00 fee annually. Personalization is limited to a maximum of 5 characters.

Relevant KRS [186.162](#)

Military Women's Memorial "Tell Her Story"



The Military Women's Memorial (MWM) is the only major national memorial honoring all servicewomen – past, present and future. The MWM honors more than 3 million women who served and continue to serve in the U.S. Armed Forces since the American Revolution.

Women's military service should be no less recognized than men's but historically the focus of history and preservation has been on men.

Why it's Important to Register?

EVERY STORY is important, EVERY STORY deserves to be told. Yet we have lost most of our WWI women veterans and our WWII women are fast coming to their final chapter. What history we have not recorded will be lost with them. We absolutely CANNOT let another generation go by without ensuring that our collective contributions are captured and remembered.

Please REGISTER HERE : www.womensmemorial.org

There is no cost to register! You can register any woman you know who is in or has served in the military. Let's keep "HER-Story alive!"

Useful VA Links

- **VA Housing Assistance Page** - Information about home loans, eligibility, interest rates reductions and other related topics: <https://www.va.gov/housing-assistance/>
- **National Center for PTSD** - Provides information and resources to veterans, care providers and organizations relating PTSD: <https://www.ptsd.va.gov/>
- **Covid-19 Vaccine Updates** - Latest updates on Covid-19 guidance and vaccinations: <https://www.va.gov/health-care/covid-19-vaccine/>
- **VA Life Insurance (VALife)** - <https://www.benefits.va.gov/insurance/valife.asp>
- **Veterans Readiness and Employment (VR&E)** - job training, education, employment coaching, etc.: <https://www.benefits.va.gov/vocrehab/index.asp>

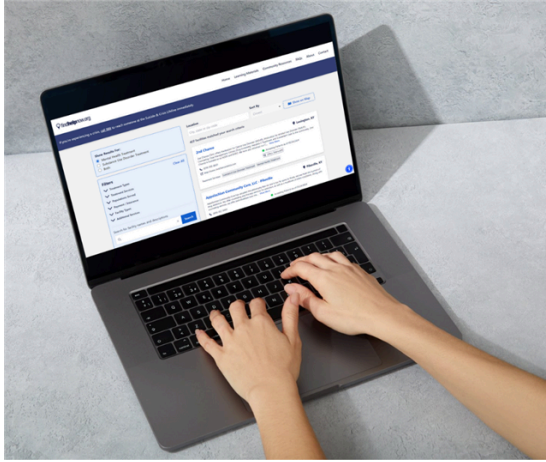
Upcoming Dates and Events

- Antiterrorism Awareness Month
- Coast Guard Day (**August 4**)
- Purple Heart Day (**August 7**)
- U.S. Department of Defense Birthday (**August 10**)
- Agent Orange Awareness Day (**August 10**)
- Navajo Code Talkers Day (**August 14**)
- National Airborne Day (**August 16**)
- Marine Corps Reserve Birthday (**August 29**)

Resources for Veterans

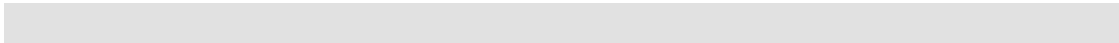
At the Kentucky Department of Veterans Affairs, we are committed to supporting our veterans with the resources they need.

Discover a wealth of services and support options through FindHelpNow.org - your go-to resource for immediate assistance. Whether you're looking for mental health support,



housing assistance, or employment resources, [FindHelpNow.org](https://www.findhelpnow.org) has got you covered! Be sure to look for the "Veterans/Military" population filters available. The website displays near real-time available openings at substance use disorder and mental health facilities, recovery houses, naloxone distribution sites, and social services resources. Visit [FindHelpNow.org](https://www.findhelpnow.org) today to explore these enhanced resources and find the support you need! See YouTube

video: https://www.youtube.com/watch?v=SWfaLHnz_kk





Telehealth Urgent Care Services are available:

Monday thru Friday From 8AM-6PM

502-287-4000 / 800-376-8387

Select Option #3, then 1 for primary
care nurse

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
Robley Rex VA Medical Center
Louisville, Kentucky

Be seen at home or on-the-go

Telehealth Urgent Care Service at the Robley Rex VA Medical Center

Care you can get with Telehealth:


- Influenza, Covid-19
- Prescription Management
- Urgent care issues like colds, coughs, and stomach aches
- Back pain
- Urinary symptoms
- Dental Pain
- Sore throat
- Ear pain
- Arthritis
- Gout

Telehealth Advantages

- Can be seen anywhere if you have internet or access to a phone.
- Time flexibility
- Avoid the ED waiting room
- Friendly and professional staff



Be seen at home or on-the-go with Robley Rex VA Medical Center Telehealth Urgent Care Service. Available Monday thru Friday from 8AM - 6PM. Call (502) 287-4000 or (800) 376-8387. Select Option “#3”, then Option “1” for primary care nurse.

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